
	<b>builders of the adytum</b>				
<b>B.O.T.A. Online Meeting Schedules by TIME ZONE</b>					
<b>TIME ZONE</b>	<b>STUDY GROUPS Open to the public</b>	<b>COORDINATORS</b>	<b>EMAIL</b>	<b>MEETING DAY</b>	<b>TIME</b>
<b>US EASTERN (EST)</b>	SOUTHEAST Regional SG	Shannon & Angie	26lvx26@gmail.com	3 <sup>rd</sup> Wednesday	8:00 - 9:30 pm
	Columbus, OH SG	Mark	mekagylvx@gmail.com	2 <sup>nd</sup> Tuesday	7:30 – 9:00 pm
<b>US CENTRAL (CST)</b>	MIDWEST Regional SG	Virginia & Marc	vsmith22@gmail.com	1 <sup>st</sup> Wednesday	7:00 - 8:30pm
	SOUTHWEST Regional SG	Bryan & Roberto	BotaSWRegion@gmail.com	3 <sup>rd</sup> Saturday	3:30 - 5:00 pm
	Chicago/Milwaukee SG	Peter & Mike	petostic2000@yahoo.com	1 <sup>st</sup> Saturday	1:00 - 3:00 pm
<b>US MOUNTAIN (MST)</b>	Phoenix, AZ SG	Darin	darin@dragon.org	2 <sup>nd</sup> Sunday	2:00 -3:30 pm
<b>US PACIFIC (PST)</b>	Palo Alto, CA SG	Yelena	yelena_vysotsky@yahoo.com	4 <sup>th</sup> Saturday	9:30 - 11:30 am
		Jame'e	yelena_vysotsky@yahoo.com		
<b>MEDITATION MEETINGS</b>					
<b>B.O.T.A. Members only</b>					
<b>CENTRAL (CST)</b>	Sunday Meditation	Sharon & Margaret	sharjoy@joysounds.net	1 <sup>st</sup> & 3 <sup>rd</sup> Sundays	10:00 - 11:30 am
<b>EASTERN (EST)</b>	Thursday Meditation	Angie & Del	26lvx26@gmail.com	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	8:00 - 9:30 pm
<b>STUDY GROUPS OUTSIDE THE U.S.</b>					
<b>US CENTRAL (CST)</b>	<b>AFRICAN</b> Study Group in English	Peter	petostic2000@yahoo.com (Coordinator resides in U.S.A.)	2 <sup>nd</sup> Saturday	10:00am - 12:00 pm <b>Use Time Converter to check African time zones</b>
<b>GMT</b>	<b>UK</b> English Study Group	Wendy	Studygroup.bota@gmail.com	1 <sup>st</sup> Sunday	6:30 - 8:00pm
<b>AMÉRICA LATINA</b>					
<b>En Español</b>	<b>Grupos de estudio y meditación</b>	Visite la página web para más información: <a href="https://www.bota.org/group_work/msa.html">https://www.bota.org/group_work/msa.html</a>			
<b>Find the meeting time in your local area.</b>		<b>TIME ZONE CONVERTER</b> <a href="https://dateful.com/time-zone-converter">https://dateful.com/time-zone-converter</a>			

**NOTE:** This information is updated periodically as new groups form and other groups go back to face to face meetings (some are virtual hybrids).

You may contact any of the coordinators in these areas that are convenient to you.

**See Regional Activities tab at bota.org** [https://www.bota.org/group\\_work/index.html](https://www.bota.org/group_work/index.html)